

# Institute for the Medical Humanities Colloquium

## The Philosophy of Occupational Therapy: How Does It Apply to Warren Bernard?



Presented by:

April C. Cowan, OTR, OTD, CHT  
PP-OTD Program Director

Assistant Professor

Department of Occupational Therapy

**Thursday, January 12, 2017**

**12:00 p.m.- 1:30 p.m.**

**3.320 Levin Hall**

The purpose of the presentation is to disseminate knowledge regarding the practice of occupational therapy, including the philosophical base and the common beliefs that drive the profession. The focus and outcome of occupational therapy is the individual's engagement in meaningful occupations that support his/her participation in life situations. The use of occupation to promote health is the core of occupational therapy practice, education, research, and advocacy. The educational goals of the session are to increase awareness of the value of occupational therapy as a member of the Interprofessional team and to demonstrate the impact that occupational therapy assessments and interventions can have in the presence of a physical, mental, or emotional condition. The methods used will include a brief presentation about the specifics of occupational therapy practice, audience-driven discussion, and application of an occupational therapy model of practice to the case of Warren Bernard.